

# SUDDEN CARDIAC ARREST:

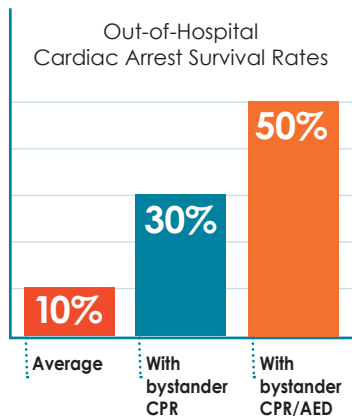
## YOU CAN SAVE A LIFE

**Sudden Cardiac Arrest (SCA)** is a life-threatening emergency that occurs when the **heart suddenly stops beating**. When SCA happens, the person collapses and doesn't respond or breathe normally. They may gasp or shake as if having a seizure.

Sudden Cardiac Arrest IS NOT the same as a heart attack.

SCA VICTIM:	HEART ATTACK VICTIM:
• Unresponsive	• Responsive
• Not breathing normally	• Breathing
• Needs CPR/AED	• Doesn't need CPR/AED

### BYSTANDER ACTION SAVES LIVES



### THE SHOCKING FACTS

**Sudden Cardiac Arrest (SCA)** is a national public health crisis affecting **1,000 people outside hospital settings each day**. It strikes people of all ages who may seem to be healthy, even children and teens.

Today only **1 in 10** survives SCA.



If bystanders give CPR & use AEDs immediately **5 in 10** could survive.



**7 IN 10 SCAs HAPPEN AT HOME.**

You could save the life of someone you love by starting CPR.

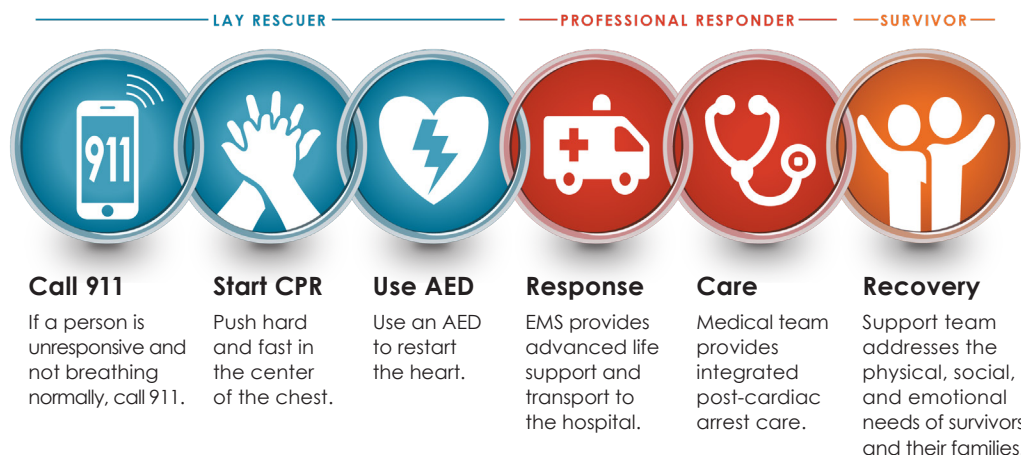


### EVERY SECOND COUNTS

SCA leads to death in minutes if the person does not get help right away. For every minute that passes, survival odds decrease by 10%.

### CHAIN OF SURVIVAL

Survival from SCA depends on the quick actions of people nearby.



Learn more at [sca-aware.org](http://sca-aware.org). Follow us:

Proud Co-Sponsor of the **CallPushShock™** Movement

Source: Heart Disease and Stroke Statistics—2022 Update: A Report from the American Heart Association © 2022 Sudden Cardiac Arrest Foundation. All rights reserved.