

Are You or Someone You Know Struggling to Adjust after Surviving Sudden Cardiac Arrest?

Researchers at New York State Psychiatric Institute and Columbia University Department of Psychiatry are conducting a research study to investigate a new psychotherapy to treat post-traumatic stress following cardiac arrest survival.

You may be eligible for participation if you:

- Are between the ages of 18-81
- Currently live in the tri-state area (NY, NJ, CT)
- Experienced a sudden cardiac arrest in the past 24 months
- Are fluent in English
- Have access to internet and a device (computer or smartphone) with a webcam to participate in video sessions via Zoom.
- Are available to attend eight weekly sessions with a study therapist.

If you are eligible and choose to enroll in the study, you will be compensated for your time. Maximum compensation for participation in all study activities is \$250.

If you are interested in learning more about this study, please contact research coordinator Aliza Naiman, BA.
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