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**FOR IMMEDIATE RELEASE:  
SUDDEN CARDIAC ARREST FOUNDATION ANNOUNCES RESCUER  
RECOGNITION CEREMONY**

PENN HILLS, PA – February 19, 2013

On Sunday, February 24, the Sudden Cardiac Arrest Foundation, a national community benefit organization headquartered in Wexford, PA, will recognize one of the rapidly growing numbers of heroes who saved the life of a victim of cardiac arrest with the aid of an automated external defibrillator (AED).

This past Christmas Day, Nick Gerstel, a volunteer firefighter and EMT with the Rosedale VFD in Penn Hills, had to delay his family's holiday dinner when he heard a call on his fire department radio stating a neighbor had collapsed and was in cardiac arrest. Mr. Gerstel got to the scene in minutes and performed CPR on the lifeless victim, Roland "Mike" Dulaney. But it wasn't until back up arrived from the nearby fire department with an AED that Mr. Dulaney's heart resumed beating and he started breathing on his own.

The AED that was used to save Mr. Dulaney's life was originally secured in 2002 by Nick's colleague, fellow fire-fighter EMT, Matthew Strauss, through a donation from the St. Margaret Foundation. Strauss now heads the Sudden Cardiac Arrest Foundation's Metro DC Affiliate. Sunday's event will recognize the contribution of Mr. Gerstel and other members of his team in the rescue of Mr. Delaney. The event will be held at: Rosedale Volunteer VFD/222, 5806 Verona Rd., Penn Hills, PA 15147.

The ceremony will begin at 2:00 p.m. A free CPR/AED class for the public will follow at 2:30 p.m. Refreshments will be served following the classes. The event will conclude at 4:30 p.m. Nick Gerstel can be reached for interviews at 412-337-5666 or [ngerstel@gmail.com](mailto:ngerstel@gmail.com). Mike Dulaney and his wife, Sandy are available at 412-793-0506. Matthew Strauss is available at 412-418-3168 or [matthew.strauss3@gmail.com](mailto:matthew.strauss3@gmail.com).

The goal of the Sudden Cardiac Arrest Foundation is to raise awareness of the importance of the placement of AEDs in all heavy traffic areas and education in their use so that more cardiac arrest victims will survive the event that takes the lives of more than 300,000 victims annually.